

ST. Elizabeth Ann Seton Catholic Church

3609 Coastal Hwy,
Crawfordville, FL 32327

Office phone: 850-745-8359

Email: office@seas.ptdiocese.org



Parish office

Monday Through Friday
9.00am to 3.00pm

Parish Administrator

Fr. Paul Raj HGN
850-375-8359

Parochial Deacon

David Harris
850-585-2233

Parochial Secretary

Mrs. Judy Antol
724-322-7676

Liturgical Minister

Mrs. Amelia Morse
850-320-2561

Music Minister

Mr. Jeff cook
850-375-8359

Religious Education Director

Mrs. Amy Wiedeman
850-926-6797

Website:

www.catholicchurchwakulla.org

Facebook: Seas Parish

Instagram: Parish Seas

YouTube: St. Elizabeth Ann Seton
Crawfordville FL

CATHOLIC SHARING APPEAL

The Catholic Sharing Appeal needs
your support submit your pledges and
donations via envelopes or online



Actual Donations as of: 3/1/2024

Goal: \$ 12,625.00

Pledged \$ 5,036.70

Mass Schedules

St. Elizabeth Ann Seton

Tuesday & Thursday 8:30 am

Wednesday 7:00 pm

Saturday 5:00 pm (Vigil at SEAS)

Sunday 11:00 am

Confession: Saturday 4:30 pm to 5:00 pm

Every 1st Saturday of the Month 8:00 am Adoration,
confession and Mass at 9:00 am at SEAS

Lanark Village

Friday 9:00 am

Every 1st Friday of the Month 8:00 am Adoration
followed by confession and Mass at 9:00 am

Sunday 9:00 am

4rd Sunday of Lent Year B Laetare Sunday (To Rejoice)

"So that everyone who
believes in him may have
eternal life"

Jn 3:15



Do you love me? The central question our Lord, Jesus asks each of us.

Our future depends on how we respond to that question. Will the answer be yes or no.

Yes to Jesus creates no disability. It helps to release the benefits of His love.

No is a product of the demons and is used adeptly by them. They use many traps to entice us away from the loving yes to our Jesus. Too many of us in this age have lost our way in looking for knowledge about God. We as Catholics have an infallible guide to seek and find the truth the demons have tried so hard to hide. This is of course dogma. The true teachings of the church and laws of God without error. No person can change or obliterate this teaching, and yet so many are forgetting about it, abusing it and setting up their own set of rules in order to control others while disregarding their rights.

We have been deluded and overwhelmed in all of our temporal and spiritual activities. The lies that are so prevalent in our society are truly overwhelming. We cannot throw them off. Jesus can do that and He will. He told us so and He marked His teachings with miracles. No one can negate His will and knowing this brings hope and peace to our spirits. All things come through Him by His love and by that love all things come to us if we say yes and ask Him.

Holy mother church has carried His teaching through the ages. Prayer, sacrifice, penance, faith, charity- all channels to unimaginable power bestowed on us, just for saying "Yes.

Bruce Shipman

SONGS FOR TODAY

719 – What Wonderful Love Is This
 680 – Amazing Grace
 650—Christ Beside Me
 732—Only This I Want
 632—I Want To Walk As A Child Of The Light



Catholic Gift Shop



Specializing in gifts for every occasion, including Holidays and all 7 Holy Sacraments.

Contact: Nickey Lepp
 Sun. Hrs. 10am -11am or
 12pm-1pm or call for appt.
 850-926-9750



RELIGIOUS EDUCATION

Interested in the Catholic Church? Call 850-745-8359 to be directed to Eileen S about inquiry classes and RCIA

MASS INTENTIONS

Sunday, March 10th
11:00 AM
+ Tony Gagliano +
Requested by Rodger & JoAnn Bova

Tuesday, March 12th
8:30 AM
Intentions of Mr. & Mrs. Zach Bryant & Bailey
Requested by David & Amelia Morse

Wednesday, March 13th
7:00 PM
+ Robert Harris +
Requested by David & Amelia Morse

Thursday, March 14th
8:30 AM
+ Stephanie Hipple +
Requested by Bob & Shirley Graw

Friday, March 15th
6:00 PM
+ Annette St. Jean +
Requested by Gil Jambard

Saturday, March 16th
5:00 PM
Intentions of Deacon Dave Harris
Requested by Ron & Judy Antol

Offertory: \$ 3,551.00

Online: \$ 160.34

Total: \$ 3,711.34

**THANK YOU FOR YOUR GENEROUS
SUPPORT**

MEETINGS

*The Ladies Circle will meet this Sunday, in the Ed Building-after mass. Come and hear what future plans are.

*Knights of Columbus meet every Third Thursday of the month in the Ed. Bldg. AT 6:30 PM. Please contact Dean Lackey or Alfredo Ortiz for more information.

*The Lay Carmelite Community Meeting will be held March 17 at St. Louis Church, 2 pm in Shook Hall.



FAITH FORMATION/CCD

9:30 to 10:30am before Sunday morning Mass. Faith Formation Teachers needed. Please see Amy W
Phone: 850-926-6797

Year of prayer

“A FAMILY THAT PRAYS TOGETHER,
STAYS TOGETHER”



Prayers to the Holy Spirit

Come, Holy Spirit,
Replace the **Tension** within us with a holy relaxation.
Replace the **Turbulence** within us with a sacred calm.
Replace the **Anxiety** within us with a quiet confidence.
Replace the **Fear** within us with a strong faith.
Replace the **Bitterness** within us with the sweetness of grace.
Replace the **Darkness** within us with a gentle light.
Replace the **Coldness** within us with a loving warmth.
Replace the **Night** within us with your day.
Replace the **Winter** within us with your spring.
Straighten our Crookedness.
Fill our emptiness.
Dull the edge of our pride.
Sharpen the edge of our humility.
Light the fires of our love.
Quench the flames of our lust.
Let us see ourselves as You see us.
That we may see you as You have promised us and be healed through Your word. **Amen**

I would personally like to thank all of those who so generously contributed to the collection for Trenton Lee's family last week. I am overwhelmed with the generosity and support from the St. Elizabeth Ann Seton Parish community. Please remember to keep those most affected by this tragedy in your daily prayers, and for the repose of Trenton's soul. May the Angels in heaven lead him into Paradise.
Dean Lackey – SEAS Knights of Columbus – Round Table Coordinator

ST. ELIZABETH ANN SETON

CATHOLIC CEMETERY

Burial spaces & cremation sites
are available upon request.

Contact: Jo Ann Daniels
850-509-7630 Or
Parish Office: 850-745-8359

40 Ways to Get More out of Lent

By Dr. Marcellino D'Ambrosio

9. Get to daily Mass. If that's impossible, try to go at least on Fridays as well as Sundays.
10. Learn the list of the corporal and spiritual works of mercy. Identify one that you are weak in, and begin strengthening it consistently this Lent.
11. Watch Mel Gibson's movie *The Passion of the Christ* during Lent or Holy Week and invite someone to watch it with you. After it is over, pray together and discuss it. You can use Ascension's book, *A Guide to the Passion* to help answer questions that may arise during the discussion.
12. If you don't already, commit to reading a portion of Scripture every day. If you already read Scripture, commit to memorizing Scripture. When you read something that really stands out, that's what you should memorize. Write it down, and repeat it several times per day for a week before choosing another portion to memorize.
13. Spiritually adopt someone from your parish who is preparing to receive the sacraments of initiation at the Easter Vigil, praying for him or her daily throughout Lent. If possible, attend the Easter Vigil so you can share the joy of all who are coming into full communion with the Catholic Church.
14. Spend some time each week in Eucharistic Adoration. The Eucharist does not have to be exposed. Any time in prayer before the Blessed Sacrament counts! If you can't do a full hour, do thirty minutes. If that's not possible, go out of your way to stop by a church and make a short visit of even a few minutes. Find a way that works with your schedule to regularly incorporate adoration into your life.
15. Make the Confiteor a daily prayer during Lent recited in the morning, or before bed. Remember and identify with the publican as you beat your breast three times.
16. Instead of secular videos for weekend entertainment, try some videos that will enrich your spiritual life, like those on the Ascension Presents YouTube channel.
17. Recite the Our Father every day, slowly and thoughtfully. Expand to three times per day. This is a prayer habit very widespread in the early Church.
18. Forgive those who have offended you or your loved ones. Pray for the person who has been the most hurtful or annoying.
19. Develop your relationship with St. Joseph. Ask him daily to join with you in praying for all the important fathers in your life.
20. Plan a contemplative retreat this Lent. It can be just a morning out in nature with your Bible and your journal. Or it can be a morning in front of the tabernacle. Or it can be an overnight at a monastery or retreat house.
21. Get to know the Fathers of the Church, the great teachers of the first centuries after the New Testament.

To Be Continued...