

CATHEDRAL OF THE SACRED HEART

LENT: OUR JOURNEY HOME

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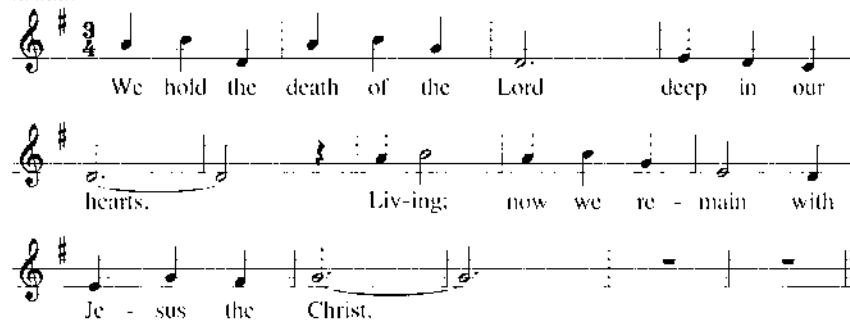
# Stations of the Cross

*With Saint Francis of Assisi*

## Gathering Song

### Now We Remain

Refrain



We hold the death of the Lord deep in our  
hearts. Liv-ing; now we re - main with  
Je - sus the Christ.

## Opening Prayer

Lord Jesus Christ,  
fill our hearts with the light of your Spirit,  
so that by following you on your final journey  
we may come to know the price of our Redemption  
and become worthy of a share  
in the fruits of your Passion, Death and Resurrection.  
You who live and reign for ever and ever.

**ALL: Amen.**



**FIRST STATION: JESUS IS CONDEMNED TO DEATH**

LEADER: We Adore you, O Christ, and we praise you.

ALL: **Because by your holy cross,  
you have redeemed the world.**

LEADER:

Love was too powerful for you; From heaven to earth it drew you down  
So low that you did will to be The last of men, despised, unknown  
Homeless and poor for love of me To make all your riches my alone.  
So in your life and death Most surely did you prove  
Your heart was fired with love All fathomless in depth.

**All: Now it came about in the course of those many days that the king of Egypt died. And the sons of Israel sighed because of the bondage, and they cried out; and their cry for help because of their bondage rose up to God. So God heard their groaning; and God remembered His covenant with Abraham, Isaac, and Jacob. God saw the sons of Israel, and God took notice of them.**

*– Exodus 2*

*At the cross her station keeping,  
Mary stood in sorrow, weeping,  
When her Son was crucified.*



## SECOND STATION: JESUS CARRIES HIS CROSS

LEADER: We Adore you, O Christ, and we praise you.

ALL: **Because by your holy cross,  
you have redeemed the world.**

LEADER:

Your wisdom Lord was hidden quite, Your power, too, you did repress;  
Love only was revealed to sight: A love all boundless in excess  
Which overflows with endless might, And poured forth all its tenderness.  
This mighty love it was That led you captive, when  
For love of sinful men You did embrace the cross.

**All: While He was in one of the cities, behold, there was a man covered with leprosy; and when he saw Jesus, he fell on his face and implored Him, saying, “Lord, if You are willing, You can make me clean.” And He stretched out His hand and touched him, saying, “I am willing; be cleansed.” And immediately the leprosy left him.**

- Luke 15

*While she waited in her anguish,  
Seeing Christ in torment languish,  
Bitter sorrow pierced her heart.*



**THIRD STATION: JESUS FALLS THE FIRST TIME**

LEADER: We Adore you, O Christ, and we praise you.

**ALL: Because by your holy cross,  
you have redeemed the world.**

LEADER:

Praised be You, my Lord,  
through those who give pardon for Your love,  
and bear infirmity and tribulation.

Blessed are those who endure in peace  
for by You, Most High, they shall be crowned.

**All: I waited patiently for the Lord;  
And He inclined to me and heard my cry.  
He brought me up out of the pit of destruction, out of the miry clay,  
And He set my feet upon a rock making my footsteps firm.  
He put a new song in my mouth, a song of praise to our God;  
Many will see and fear  
And will trust in the Lord.**

- Psalm 40

*With what pain and desolation,  
With what noble resignation,  
Mary watched her dying Son.*



**FOURTH STATION:**

**JESUS MEETS HIS AFFLICTED MOTHER**

**LEADER:** We Adore you, O Christ, and we praise you.

**ALL:** Because by your holy cross,  
you have redeemed the world.

**LEADER:**

Hail, O Lady, Holy Queen,  
Mary, holy Mother of God,  
Who are the Virgin made Church,  
chosen by the most Holy Father in heaven  
whom he consecrated with His most holy beloved Son  
and with the Holy Spirit the Paraclete,  
in whom there was and is  
all fullness of grace and every good.

**All: Do not call to mind the former things,  
Or ponder things of the past.  
“Behold, I will do something new, Now it will spring forth;  
Will you not be aware of it?**

**I will even make a roadway in the wilderness,  
Rivers in the desert.**

*- Isaiah 43*

*Ever patient in her yearning,  
Though her tear-filled eyes were burning,  
Mary gazed upon her Son.*



**FIFTH STATION: SIMON OF CYRENE**

**HELPS JESUS CARRY HIS CROSS**

**LEADER:** We Adore you, O Christ, and we praise you.

**ALL:** Because by your holy cross,  
you have redeemed the world.

**LEADER:**

I've given all for love alone, Bartered the world and self away;  
Were all created thing my own I'd yield them up without delay.  
And yet by love I'm outdone, Where I'm led I cannot say.  
By love I'm outdone, Counted a fool by all;  
For, having sold my all, My worth is wholly gone.

**All: For, I think, God has exhibited us apostles last of all, as men condemned to death; because we have become a spectacle to the world, both to angels and to men. We are fools for Christ's sake...To this present hour we are both hungry and thirsty, and are poorly clothed, and are roughly treated, and are homeless.**

*- I Corinthians 4*

*Who, that sorrow contemplating,  
On that passion meditating,  
Would not share the Virgin's grief?*



**SIXTH STATION: VERONICA WIPES THE FACE OF JESUS**

LEADER: We Adore you, O Christ, and we praise you.

ALL: Because by your holy cross,  
you have redeemed the world.

LEADER:

Seeing this beauty I am led Out of myself, I know not where  
My heart, like molten wax, is made The Likeness of its Lord to bear.  
Oh wonderful exchange! Instead Of Self, Christ's image sweet to wear.

**All: Do not urge me to leave you or turn back from following you;  
for where you go, I will go, and where you lodge, I will lodge.  
Your people shall be my people, and your God, my God.  
Where you die, I will die, and there I will be buried.  
Thus may the Lord do to me, and worse,  
if anything but death parts you and me.**

- Ruth 2

*Christ she saw, for our salvation,  
Scourged with cruel acclamation,  
Bruised and beaten by the rod.*



**SEVENTH STATION: JESUS FALLS THE SECOND TIME**

LEADER: We Adore you, O Christ, and we praise you.

**ALL: Because by your holy cross,  
you have redeemed the world.**

LEADER:

Behold my pain, I pray This burning heat I cannot bear:  
I know not what I do or say Led on by love, I know not where.  
I go on as one who lost his way Weary and wandering here and there.  
I know not how I may Endure this agony,  
Which so transfixes me, And tears my heart away.

**All: Remember my affliction and my wandering,  
the wormwood and bitterness.  
Surely my soul remembers  
And is bowed down within me.  
This I recall to my mind,  
Therefore I have hope.  
The Lord's loving kindness indeed never cease,  
For His compassions never fail.**

*- Lamentations 3*

*Christ she saw with life-blood failing,  
All her anguish unavailing,  
Saw him breathe his very last.*





**EIGHTH STATION: JESUS MEETS THE  
THE WOMEN OF JERUSALEM**

**LEADER:** We Adore you, O Christ, and we praise you.

**ALL:** Because by your holy cross,  
you have redeemed the world.

**LEADER:**

Praised be You, my Lord,  
through those who give pardon for Your love,  
and bear infirmity and tribulation.

Blessed are those who endure in peace  
for by You, Most High, they shall be crowned.

**All:** And a woman who had a hemorrhage for twelve years, and could not be healed by anyone, came up behind Him and touched the fringe of His cloak, and immediately her hemorrhage stopped. When the woman saw that she had not escaped notice, she came trembling and fell down before Him, and declared in the presence of all the people the reason why she had touched Him, and how she had been immediately healed. And He said to her, “Daughter, your faith has made you well; go in peace.”

- Luke 8

*Mary, fount of love's devotion,  
Let me share with true emotion  
All the sorrow you endured.*



**NINTH STATION: JESUS FALLS A THIRD TIME**

LEADER: We Adore you, O Christ, and we praise you.

ALL: **Because by your holy cross,  
you have redeemed the world.**

LEADER:

Once I could speak, but now I am dumb;  
I saw—now cannot see at all  
To what a strange abyss I've come!  
Though held, I run; I rise, yet fall; I speak, though mute I become.  
O love eternal! Why Am I a fool for you?  
Where have you cast me In such a fire to die?

**All: Vindicate me, O God, and plead my case against an ungodly nation;  
O deliver me from the deceitful and unjust man!  
For You are the God of my strength;  
Why have You rejected me?  
Why do I go mourning because of the oppression of the enemy?  
O send out Your light and Your truth, let them lead me;  
Let them bring me to Your holy hill  
And to Your dwelling places.**

- Psalm 43

*Virgin, ever interceding,  
Hear me in my fervent pleading:  
Fire me with your love of Christ.*



**TENTH STATION: JESUS IS STRIPPED OF HIS GARMENTS**

LEADER: We Adore you, O Christ, and we praise you.

ALL: **Because by your holy cross,  
you have redeemed the world.**

LEADER:

Lord, make me an instrument of your peace.  
Where there is hatred, let me bring love.  
Where there is offense, let me bring pardon.

**All: When they saw him from a distance and before he came close to them, they plotted against him to put him to death. They said to one another, “Here comes this dreamer! Now then, come and let us kill him and throw him into one of the pits... So it came about, when Joseph reached his brothers, that they stripped Joseph of his tunic, the varicolored tunic that was on him; and they took him and threw him into the pit.**

- *Genesis 37*

*Mother, may this prayer be granted:  
That Christ's love may be implanted  
In the depths of my poor soul.*



### **ELEVENTH STATION: JESUS IS NAILED TO THE CROSS**

**LEADER:** We Adore you, O Christ, and we praise you.

**ALL:** Because by your holy cross,

**LEADER:**

O Master, let me not seek as much  
To be consoled as to console,  
To be understood as to understand,  
To be loved as to love,  
For it is in giving that one receives,  
It is in self-forgetting that one finds,  
It is in pardoning that one is pardoned,  
It is in dying that one is raised to eternal life.

**All: My Servant, will justify the many,  
As He will bear their iniquities.  
Therefore, I will allot Him a portion with the great,  
And He will divide the booty with the strong;  
Because He poured out Himself to death,  
And was numbered with the transgressors;  
Yet He Himself bore the sin of many,  
And interceded for the transgressors.**

- Isaiah 53

*At the cross, your sorrow sharing,  
All your grief and torment bearing,  
Let me stand and mourn with you.*



### TWELFTH STATION: JESUS DIES ON THE CROSS

LEADER: We Adore you, O Christ, and we praise you.

ALL: Because by your holy cross,  
you have redeemed the world.

KNEEL

LEADER:

Praised be You, my Lord, through our Sister Bodily Death,  
from whom no living man can escape.  
Woe to those who die in mortal sin.  
Blessed are those whom death will find in Your most holy will,  
for the second death shall do them no harm.  
Praise and bless my Lord,  
and give Him thanks and serve Him with great humility.

**All: My enemies without cause Hunted me down like a bird;  
They have silenced me in the pit And have placed a stone on me.  
Waters flowed over my head;  
I said, "I am cut off!" I called on Your name, O Lord,  
Out of the lowest pit.  
You have heard my voice,  
"Do not hide Your ear from my prayer for relief, From my cry for help."  
You drew near when I called on You.**

- *Lamentations 3*

*Fairest maid of all creation,  
Queen of hope and consolation,  
Let me feel your grief sublime.*



**THIRTEENTH STATION: JESUS IS TAKEN DOWN  
FROM THE CROSS**

**LEADER:** We Adore you, O Christ, and we praise you.

**ALL:** **Because by your holy cross,  
you have redeemed the world.**

**LEADER:**

For poverty is that heavenly virtue by which all earthy and transitory things are trodden under foot, and by which every obstacle is removed from the soul so that it may freely enter into union with the eternal Lord God. It is also the virtue which makes the soul, while still here on earth, converse with the angels in Heaven. It is she who accompanied Christ on the Cross, was buried with Christ in the Tomb...

**All: Thus has the Lord of hosts said,  
‘Dispense true justice and practice kindness and compassion  
each to his brother;  
and do not oppress the widow or the orphan,  
the stranger or the poor...**

*- Zechariah 7*

*Virgin, in your love befriend me,  
At the Judgment Day defend me.  
Help me by your constant prayer.*



### FOURTEENTH STATION: JESUS IS LAID IN THE TOMB

LEADER: We Adore you, O Christ, and we praise you.

ALL: Because by your holy cross,  
you have redeemed the world.

LEADER:

Most High, all powerful, good Lord,  
Yours are the praises, the glory, the honor, and all blessing.

To You alone, Most High, do they belong,  
and no man is worthy to mention Your name.

Be praised, my Lord, through all your creatures,  
especially through my lord Brother Sun,  
who brings the day; and you give light through him.  
And he is beautiful and radiant in all his splendor!

**All: For I consider that the sufferings of this present time are not worthy to be compared with the glory that is to be revealed to us. For the anxious longing of the creation waits eagerly for the revealing of the sons of God. For we know that the whole creation groans and suffers the pains of childbirth together until now. And not only this, but also we ourselves, having the first fruits of the Spirit, even we ourselves groan within ourselves, waiting eagerly for our adoption as sons, the redemption of our body. For in hope we have been saved.**

- Romans 8

*Savior, when my life shall leave me,  
Through your mother's prayers receive me  
With the fruits of victory.*

## Closing Prayer

Lord Jesus Christ,  
by the power of the Holy Spirit,  
you were drawn by the Father  
from the darkness of death  
to the light of a new life in glory.  
Grant that the sign of the empty tomb  
may speak to us and to future generations  
and become a wellspring of living faith,  
generous love,  
and unshakeable hope.  
To you, O Jesus, whose presence, hidden and victorious,  
fills the history of the world,  
be honour and glory for ever and ever.

**All: Amen.**

## Now We Remain

Refrain

The musical notation is written on three staves in treble clef, with a key signature of one sharp (F#) and a time signature of 3/4. The melody consists of quarter and eighth notes, with some rests. The lyrics are written below the notes.

We hold the death of the Lord deep in our  
hearts. Liv-ing; now we re - main with  
Je - sus the Christ.